

Map of the units

Unit title	Reading and Writing	Listening	Speaking
1 Hi, how are you?	Part 2: Three English teenagers Part 6: an email	Part 1: Five short conversations	Part 1, Phase 1
2 We're going home	Part 1: signs and notices Part 7: a short story	Part 3: planning a party	Part 1, Phase 2
<i>Vocabulary and grammar review Units 1 and 2</i>			
3 Dinner time	Part 3: A young chef Part 5: completing a short text	Part 2: A cake competition	Part 2, Phase 1
4 I'm shopping!	Part 4: an article about Alek Wek Part 7: a short story	Part 5: a fashion show	Part 1, Phase 2
<i>Vocabulary and grammar review Units 3 and 4</i>			
5 It's my favourite sport!	Part 3: an interview with a young gymnast Part 6: an email	Part 4: short conversations or monologues	Part 2, Phase 1
6 Have you got any homework?	Part 2: Student life Part 5: completing short messages	Part 3: starting a new school	Part 2, Phase 2
<i>Vocabulary and grammar review Units 5 and 6</i>			
7 Let's go to the museum	Part 1: signs and notices Part 6: an email	Part 4: five short conversations	Part 2, Phase 1
8 Did you get my message?	Part 2: Three video makers Part 5: completing an email	Part 5: a computer fair	Part 1, Phase 2
<i>Vocabulary and grammar review Units 7 and 8</i>			
9 I love that film!	Part 4: Paddington Bear Part 7: a short story	Part 2: a music concert	Part 2, Phase 2
10 It's going to be sunny	Part 2: Holiday activities Part 5: completing a text	Part 1: five short conversations	Part 1, Phase 2
<i>Vocabulary and grammar review Units 9 and 10</i>			
11 I like to keep fit	Part 3: A young personal trainer Part 6: an email	Part 4: short conversations and monologues	Part 2, Phase 1
12 Have you ever been on a plane?	Part 1: signs and notices Part 7: a short story	Part 2: a park run	Part 1, Phase 2
<i>Vocabulary and grammar review Units 11 and 12</i>			
13 What's your hobby?	Part 3: A teenage Go player Part 6: an email	Part 3: Horse-riding lessons	Part 2, Phases 1 and 2
14 Keep in touch!	Part 4: Skywriting Part 5: completing a short text	Part 5: discussing website design	Parts 1 and 2
<i>Vocabulary and grammar review Units 13 and 14</i>			

Pronunciation	Vocabulary	Grammar
Word stress in numbers	Numbers Family members	Present simple Adverbs of frequency
Word stress: two-syllable words	Time Rooms Furniture	Present continuous <i>have got</i>
/s/, /z/, /ɪz/	School lunches Food phrases	Countable and uncountable nouns <i>How much / many: a few, a little, a lot</i>
/ɪ/ and /iː/	Clothes and accessories Adjectives Shops	Present continuous and present simple <i>too</i> and <i>enough</i>
schwa /ə/	Sports <i>do, play</i> and <i>go</i> with sports Nationalities	Comparatives and superlatives Prepositions of time (<i>at, in, on</i>)
/v/ and /f/	School subjects Classroom objects Education verbs	<i>have to</i> Object pronouns
Past simple -ed endings	Buildings Directions	Past simple Imperatives
<i>can / can't</i>	Technology verbs Music	Past continuous <i>can / can't, could / couldn't</i>
-ing forms	Suggesting, accepting and refusing Adjectives	Verbs with -ing or to infinitive The future with the present simple, present continuous and <i>will</i>
<i>going to</i>	What's the weather like? Places	<i>going to</i> <i>must / mustn't</i>
Sentences with <i>if</i>	Parts of the body What's the matter? (ailments)	First conditional <i>something, anything, nothing, etc.</i>
/ʃ/ and /tʃ/	Means of transport Vehicles Travel verbs	Present perfect <i>should / shouldn't</i>
/w/ /v/ /b/	Hobbies Adverbs Jobs	Present perfect with <i>for</i> and <i>since</i> <i>may / might</i>
Sentence stress	Communication verbs -ed / -ing adjectives	The passive Present perfect with <i>just, already</i> and <i>yet</i>

Map of the units

Unit title	Reading	Writing	Listening
1 My life and home	Part 5: 'Sonia's home' – living on a boat Reading for understanding of vocabulary	Part 1: An email Planning a reply	Part 2: Listening for specific information Two candidates doing Speaking Part 1
2 At school	Part 6: 'On their way to school' – an unusual school journey in China Reading for detailed understanding of words and sentences	A post about what you used to do at primary school Part 2: An article on what makes a great school Using a mind map to plan an answer	Emily talking about her experiences as an exchange student Part 1: Seven short texts about daily life Two candidates doing Speaking Part 3
<i>Vocabulary and grammar review Units 1 and 2</i>			
3 Having fun	Part 3: 'Ariana's hobby – sand sculptures' Reading for detailed understanding	Part 2: A story about a day out Planning paragraphs	Part 4: Ryan Parilla – an Instagram photographer Talking about a skiing holiday Two candidates doing Speaking Part 2
4 On holiday	Part 1: Identifying text purpose	Part 1: An email Suggesting where to go in a city and what to do	Discussing a quiz Part 3: 'A bushcraft skills course for young people' A family discussing their next holiday
<i>Vocabulary and grammar review Units 3 and 4</i>			
5 Different feelings	Part 4: 'How I dealt with stress' Identifying the topic of a paragraph Identifying linking words (<i>this, then, do, also, however, etc.</i>)	Part 2: A story Using adjectives to describe feeling	Part 2: Listening for facts, opinions or feelings Two candidates doing Speaking Part 4
6 That's entertainment!	Part 2: 'Turn off the TV and go out! Selecting events from an entertainment guide	Part 2: An article about a celebration in your country Using the correct style for an article	Eliza and Bella planning a night out Part 1: Seven short texts about daily life Two candidates doing Speaking Part 3
<i>Vocabulary and grammar review Units 5 and 6</i>			
7 Getting around	Part 1: Identifying text purpose	Part 1: An email Useful email expressions	Part 4: Olivia talks about extremely heavy snow while travelling in Italy Identifying distracting information Mia and Owen discuss getting to the station on time Two candidates doing Speaking Part 2
8 Influencers	Famous families Part 6: An article about Hannah Alper, a famous <i>influencer</i>	Part 2: An article about a person you admire Using correct spelling and punctuation	Part 3: 'How to become famous on YouTube' Completing notes Carter and Will discuss presenters for a YouTube channel Three candidates doing Speaking Part 1
<i>Vocabulary and grammar review Units 7 and 8</i>			
9 Stay fit and healthy	Part 3: 'Teenager Julia Ryan talks about sleep' Identifying opinion and attitude	Part 2: A story about feeling nervous Using a range of past tenses to explain what happened	Part 2: People talking in six different situations Identifying the situation and what you need to listen for Two candidates doing Speaking Part 4
10 Looks amazing!	Part 2: 'Our top picks at the Street Food market' Selecting places to eat	Part 2: An article	Part 1: Seven short texts about daily life Listening carefully for information Two candidates doing Speaking Part 2
<i>Vocabulary and grammar review Units 9 and 10</i>			
11 The natural world	'Scientists use robot chick to study penguins' Part 5: 'A school expedition abroad'	Part 1: An email Checking your work for mistakes	Part 4: Looking for the Iberian lynx Identifying expressions with similar or different meanings Two candidates doing Speaking Part 4
12 Express yourself!	Part 4: 'Can you live without technology for a week?' Matching sentences to paragraphs	Part 2: A story Using a range of tenses and reported speech	Raising money for charity Part 3: A competition to design a new app Two candidates doing Speaking Part 1
<i>Vocabulary and grammar review Units 11 and 12</i>			

Speaking	Pronunciation	Vocabulary	Grammar
Part 1: Saying your name, how old you are, where you live and study	-s endings /s/, /z/ and /ɪz/	House and home Countable and uncountable nouns	Prepositions of time Frequency adverbs Present simple and present continuous State verbs <i>a few, a bit of, many, much, a lot of</i> and <i>lots of</i> Prepositions of place
Part 3: Discussing a new lunchtime club for students Agreeing and disagreeing Making a decision	-ed endings /d/, /t/ and /ɪd/	A typical school day <i>fail, pass, take, lose, miss, study and teach do, earn, have, make, spend and take</i>	Past simple Past simple and past continuous <i>used to</i> <i>So do I</i> and <i>Nor/Neither do I</i>
Part 2: Describing a picture Explaining what you can see and where things are	-ing endings /ɪŋ/	Leisure activities Prepositions of place Phrasal verbs People's hobbies	Verbs followed by <i>to</i> or <i>-ing</i>
Part 3: Discussing where to go in a capital city Making suggestions and giving reasons	Weak forms in comparative structures	Holiday activities <i>travel, journey</i> and <i>trip</i> Buildings and places	Comparative and superlative adjectives <i>a bit, a little, slightly, much, far, a lot not as ... as ...</i> <i>big and enormous</i> (gradable and non-gradable adjectives)
Part 4: Describing personal experiences Asking other people what they think	Modal verbs: weak and strong forms	Feelings Adjectives and prepositions Adjectives with <i>-ed</i> and <i>-ing</i> Adjectives of emotion and their opposites	<i>can, could, might, may</i> (ability and possibility) <i>should, shouldn't, ought to, must, mustn't, have to</i> and <i>don't have to</i> (advice, obligation and prohibition)
Part 3: Discussing plans for a festival Moving on to a new subject	Contrastive stress	Television programmes Going out <i>been/gone, meet, get to know, know</i> and <i>find out</i>	Present perfect <i>just, already</i> and <i>yet</i> <i>since</i> and <i>for</i> Present perfect or past simple?
Part 2: Describing what people are doing in photos Adding new points, and correcting yourself Describing things you don't know the name of	Word stress in compound nouns	Weather Compound words	<i>extremely, fairly, quite, rather, really</i> and <i>very too</i> and <i>enough</i> The future: <i>will, going to</i> , present continuous and present simple Prepositions of movement
Part 1: Answering general questions Talking about your daily routine and what you like	Conditional sentences: Contracted words	Phrasal verbs Describing people Adjective prefixes and suffixes Adjective order	Zero, first and second conditionals <i>When, if, unless</i> + present, future
Part 4: Discussing sport, fitness and health Showing agreement and polite disagreement	Word stress: agreeing and disagreeing	Illnesses and accidents Sports <i>go, play</i> and <i>do</i>	<i>which, that, who, whose, when</i> and <i>where</i> clauses (defining and non-defining) Past perfect
Part 2: Describing everyday objects in photos Explaining what things are made of or used for	Connected speech: linking sounds	<i>course, dish, food, meal</i> and <i>plate</i> Shops and services	Commands and instructions <i>Have something done</i>
Part 4: Discussing ways to help the environment Giving examples	Word stress in longer nouns	The natural world Noun suffixes	The passive: present and past simple Comparative and superlative adverbs
Part 1: General questions Talking about habits and routines	Intonation in direct and indirect questions	Collocations: using your phone <i>ask, ask for, speak, talk, say</i> and <i>tell</i> Negative prefixes	Reported speech and reported commands Reported questions Indirect questions

Map of the units

Unit title	Reading	Writing	Listening
1 My life and home	Part 5: 'Emilia's home' – living on a boat Reading for understanding of vocabulary	Part 1: An email Planning a reply	Part 2: Listening for specific information Two candidates doing Speaking Part 1
2 Making choices	Part 6: 'Would you choose to study at a college or university like this?' Reading for detailed understanding of words and sentences	A post about what you used to do ten years ago Part 2: An article on what makes a great place to work Using a mind map to plan an answer	Emily talking about her work experience in Mexico Part 1: Seven short texts about daily life Two candidates doing Speaking Part 3
<i>Vocabulary and grammar review Units 1 and 2</i>			
3 Having fun	Part 3: 'Sand sculptures' Reading for detailed understanding	Part 2: A story about a day out Planning paragraphs	Part 4: Marc Pasqual – an Instagram photographer Talking about a skiing holiday Two candidates doing Speaking Part 2
4 On holiday	Part 1: Identifying text purpose	Part 1: An email Suggesting where to go in a city and what to do	Discussing a quiz Part 3: 'A bushcraft skills course' Some friends discussing their next holiday
<i>Vocabulary and grammar review Units 3 and 4</i>			
5 Different feelings	Part 4: 'How I dealt with stress' Identifying the topic of a paragraph Identifying linking words (<i>this, then, do, also, however, etc.</i>)	Part 2: A story Using adjectives to describe feeling	Part 2: Listening for facts, opinions or feelings Two candidates doing Speaking Part 4
6 That's entertainment!	Part 2: 'Turn off the TV and go out!' Selecting events from an entertainment guide	Part 2: An article about a celebration in your country Using the correct style for an article	Eliza and Bella planning a night out Part 1: Seven short texts about daily life Two candidates doing Speaking Part 3
<i>Vocabulary and grammar review Units 5 and 6</i>			
7 Getting around	Part 1: Identifying text purpose	Part 1: An email Useful email expressions	Part 4: Olivia talks about extremely heavy snow while travelling in Italy Identifying distracting information Mia and Owen discuss getting to the station on time A candidate doing Speaking Part 2
8 Influencers	Famous families Part 6: An article about Emma Watson, a famous influencer	Part 2: An article about a person you admire Using correct spelling and punctuation	Part 3: 'How to become famous on YouTube' Completing notes Carter and Will discuss presenters for a YouTube channel Three candidates doing Speaking Part 1
<i>Vocabulary and grammar review Units 7 and 8</i>			
9 Stay fit and healthy	Part 3: Evie Scott talks about exercise at work Identifying opinion and attitude	Part 2: A story about feeling nervous Using a range of past tenses to explain what happened	Part 2: People talking in six different situations Identifying the situation and what you need to listen for Two candidates doing Speaking Part 4
10 Looks amazing!	Part 2: 'Our top picks at the street food market' Selecting places to eat	Part 2: An article	Part 1: Seven short texts about daily life Listening carefully for information Two candidates doing Speaking Part 2
<i>Vocabulary and grammar review Units 9 and 10</i>			
11 The natural world	'Scientists use robot chick to study penguins' Part 5: 'Working on the Galápagos Islands'	Part 1: An email Checking your work for mistakes	Part 4: Looking for the Iberian lynx Identifying expressions with similar or different meanings Two candidates doing Speaking Part 4
12 Express yourself!	Part 4: 'Can you live without your smartphone for a week?' Matching sentences to paragraphs	Part 2: A story Using a range of tenses and reported speech	Raising money for charity Part 3: A competition to design a new app Two candidates doing Speaking Part 1
<i>Vocabulary and grammar review Units 11 and 12</i>			

Speaking	Pronunciation	Vocabulary	Grammar
Part 1: Saying your name, where you live, what you do, and if you like studying English	-s endings /s/, /z/ and /ɪz/	House and home Countable and uncountable nouns	Prepositions of time Frequency adverbs Present simple and present continuous State verbs <i>a few, a bit of, many, much, a lot of</i> and <i>lots of</i> Prepositions of place
Part 3: Discussing a new club for students to practise English Agreeing and disagreeing Making a decision	-ed endings /d/, /t/ and /ɪd/	Life choices <i>fail, pass, take, lose, miss, study and teach do, earn, make, spend, take and win</i>	Past simple Past simple and past continuous <i>used to</i> <i>So do I</i> and <i>Nor/Neither do I</i>
Part 2: Describing a picture Explaining what you can see and where things are	-ing endings /ɪŋ/	Leisure activities Prepositions of place Phrasal verbs People's hobbies	Verbs followed by <i>to</i> or <i>-ing</i>
Part 3: Discussing where to go in a city Making suggestions and giving reasons	Weak forms in comparative structures	Holiday activities <i>travel, journey and trip</i> Buildings and places	Comparative and superlative adjectives <i>a bit, a little, slightly, much, far, a lot (not) as ... as ...</i> <i>big and enormous</i> (gradable and non-gradable adjectives)
Part 4: Describing personal experiences Asking other people what they think	Modal verbs: weak and strong forms	Feelings Adjectives and prepositions Adjectives with <i>-ed</i> and <i>-ing</i> Adjectives and their opposites	<i>can, could, might, may</i> (ability and possibility) <i>should, shouldn't, ought to, must, mustn't, have to</i> and <i>don't have to</i> (advice, obligation and prohibition)
Part 3: Discussing plans for a festival Moving on to a new subject	Contrastive stress	Television programmes Going out <i>been/gone, meet, get to know, know</i> and <i>find out</i>	Present perfect <i>just, already</i> and <i>yet</i> <i>since</i> and <i>for</i> Present perfect or past simple?
Part 2: Describing what people are doing in photos Adding new points, and correcting yourself Describing things you don't know the name of	Word stress in compound nouns	Weather Compound words	<i>extremely, fairly, quite, rather, really</i> and <i>very too</i> and <i>enough</i> The future Prepositions of movement
Part 1: Answering general questions Talking about your daily routine and what you like	Conditional sentences: contracted words	Phrasal verbs Describing people Adjective prefixes and suffixes Adjective order	Zero, first and second conditionals <i>when, if, unless</i> + present, future
Part 4: Discussing sport, fitness and health Showing agreement and polite disagreement	Word stress: agreeing and disagreeing	Illnesses and accidents Sports <i>do, go and play</i>	Relative clauses (defining and non-defining) Past perfect
Part 2: Describing everyday objects in photos Explaining what things are made of or used for	Connected speech: linking sounds	<i>course, dish, food, meal and plate</i> Shops and services	Commands and instructions <i>Have something done</i>
Part 4: Discussing ways to help the environment Giving examples	Word stress in longer nouns Word stress in passive forms	The environment Noun suffixes	The passive: present simple and past simple Comparative and superlative adverbs
Part 1: General questions Talking about habits and routines	Intonation in direct and indirect questions	Collocations: using your phone <i>ask, ask for, speak, talk, say and tell</i> Negative prefixes	Reported speech and reported commands Reported questions Indirect questions

Map of the units

Unit title	Reading and Use of English	Writing	Listening
1 A family affair	Part 6: 'From worst enemies to best friends' Part 2: 'How do you manage your money?'	Part 1: An essay: It is beneficial for teenagers to receive pocket money from their parents. Do you agree?	Part 1: Young people talking about their families and activities
2 Leisure and pleasure	Part 1: 'Ice skating – my passion' Part 4: Sentence transformations	Part 2: An article: A great way to spend your free time	Part 2: A talk by a professional footballer
<i>Vocabulary and grammar review Units 1 and 2</i>			
3 Happy holidays?	Part 3: 'A bus journey' Part 7: 'Holiday surprises'	Part 2: A story: It was a trip I'll never forget'	Part 3: Five young people talking about their best holiday ever
4 Food, glorious food	Part 6: 'Are insects the future of food?' Part 1: 'How to eat sushi'	Part 2: A review: A local restaurant, snack bar or café in your area	Part 4: An interview with a young chef
<i>Vocabulary and grammar review Units 3 and 4</i>			
5 Study time	Part 7: 'Making the most of your summer' Part 3: 'Exam stress for teenagers'	Part 2: The set text: The most interesting character in the book that you have read	Part 1: People talking about study and school
6 My first job	Part 5: 'My first job' Part 2: 'Voluntary work'	Part 2: A letter or email: What part-time jobs can teenagers do in your country	Part 3: Five young people talking about weekend jobs
<i>Vocabulary and grammar review Units 5 and 6</i>			
7 High adventure	Part 6: 'Are you ready for a school challenge?' Part 4: Sentence transformations	Part 2: An article: A great way to keep fit	Part 2: A talk about the Duke of Edinburgh Award Part 4: An interview with someone who did a parachute jump for the first time
8 Dream of the stars	Part 7: 'Careers in film and the theatre' Part 1: 'I want your job: stunt person'	Part 1: An essay: There are both advantages and disadvantages to a career as a musician or actor. Do you agree?	Part 2: A talk about unusual sports
<i>Vocabulary and grammar review Units 7 and 8</i>			
9 Secrets of the mind	Part 5: 'Our month in a tech free house' Part 4: Sentence transformations	Part 2: A short story	Part 1: People talking about different influences on personality
10 On the money	Part 2: 'How I like to shop' Part 5: 'I got rid of nearly everything I owned'	Part 2: A review: Write about something you have bought or been given recently	Part 4: An interview with a student about 'Buy nothing day'
<i>Vocabulary and grammar review Units 9 and 10</i>			
11 Medical matters	Part 4: 'A school science project' Part 3: 'Afraid of the dentist'	Part 1: An essay: Young people generally don't pay attention to their health and fitness. Do you agree?	Part 3: Five people talking about health problems and reasons for visiting a doctor
12 Animal kingdom	Part 1: 'Not just a hobby' Part 7: 'Animal rescue'	Part 2: A letter or email: Advice for a visitor to your country	Part 1: People talking about wildlife and conservation
<i>Vocabulary and grammar review Units 11 and 12</i>			
13 House space	Part 5: 'Living in a yurt' Part 2: 'The smallest house in Britain'	Part 2: An article: My ideal home	Part 2: A talk about building a small house from a kit
14 Fiesta!	Part 6: 'Koningsdad: Europe's most lively festival' Part 3: 'The week my town goes back in time'	Part 1: An essay: The advantages and disadvantages going to the cinema compared to streaming films at home	Part 4: An interview with someone who visits music festivals
<i>Vocabulary and grammar review Units 13 and 14</i>			

Speaking	Pronunciation	Vocabulary	Grammar
Part 1: Speaking about your home and what it is like to grow up in your hometown	Word stress	Phrasal verbs to describe relationships Collocations with <i>make</i> and <i>do</i>	Present perfect simple and continuous
Part 2: Describing and discussing the benefits of different free time activities	Sentence stress (1)	Phrasal verbs to talk about skills and hobbies	Making comparisons Adjectives with <i>-ing</i> and <i>-ed</i>
Part 3: Choosing the best activities for a school trip	Intonation (1)	<i>travel, journey, trip</i> and <i>way</i>	Past simple, past continuous and <i>used to</i> <i>at, in</i> and <i>on</i> in time phrases Past perfect simple and continuous
Part 4: Talking about diet and healthy eating	Grouping words and pausing (1)	<i>food, dish</i> and <i>meal</i> Adjectives to describe food, meals and restaurants	<i>so</i> and <i>such</i> <i>too</i> and <i>enough</i>
Part 1: Talking about your preferences regarding school subjects	Word stress (2)	Phrasal verbs connected with study <i>find out, get to know, know, learn, teach</i> and <i>study</i> <i>attend, join, take part</i> and <i>assist</i>	Zero, first and second conditional
Part 2: Describing what people learn and enjoy about doing different kinds of jobs	Sentence stress (2)	<i>work</i> and <i>job</i> ; <i>possibility, occasion</i> and <i>possibility</i> ; <i>fun</i> and <i>funny</i> Collocations with <i>job</i> and <i>work</i>	Countable and uncountable nouns Articles
Part 3: Discussing different ways to encourage students to do more sport	Intonation (2)	Verb collocations with adventure activities <i>look, see</i> and <i>watch</i> ; <i>listen</i> and <i>hear</i>	Infinitive and verb + <i>-ing</i>
Part 4: giving opinions on the importance of dance, drama and music as school subjects	Grouping words and pausing (2)	Verb collocations with <i>ambition, career, experience</i> and <i>job</i> People and the theatre Verb collocations with <i>ambition, career, experience</i> and <i>job</i>	<i>at, in, on</i> to express location Reported speech
Part 2: Describing the emotions that people have in different situations	Sentence stress (3)	<i>achieve, carry out</i> and <i>devote</i> <i>stay, spend</i> and <i>pass</i> ; <i>move, cause</i> and <i>have</i>	Modal verbs to express certainty and possibility
Part 1: Talking about your personal life and interests	Linking (1)	<i>arrive, get</i> and <i>reach</i> Phrasal verbs connected with shopping	<i>as</i> and <i>like</i> Modal verbs to express ability
Part 2: Describing different ways to stay healthy and ways to deal with different illnesses	Intonation (3)	Health vocabulary Idiomatic expressions	Relative pronouns and relative clauses
Part 3: choosing a topic connected with animals Part 4: Discussion about looking after animals	Word stress (3)	<i>avoid, prevent</i> and <i>protect</i> ; <i>check, control, keep an eye on</i> and <i>supervise</i>	Third conditional and mixed conditionals <i>wish, if only</i> and <i>hope</i>
Part 2: Describing what life is like in different places	Revision of features of pronunciation	<i>space, place, room, location</i> and <i>square</i>	Causative <i>have</i> and <i>get</i> Expressing obligation and permission
Part 3: Deciding how to celebrate an occasion Part 4: Discussion on festivals and celebrations	Improving fluency	Vocabulary to describe what people do Vocabulary for festivals	The Passive

Map of the units

Unit title	Reading and Use of English	Writing	Listening
1 A family affair	Part 6: 'A seat at the table' Part 2: 'The housework gap'	Part 1: An essay: Technology has a largely positive impact on families. Do you agree? Expressing opinions Using <i>although, however, despite, that being said</i> and <i>whereas</i>	Part 1: People talking about friends and family
2 Leisure and pleasure	Part 5: 'View from the top' Part 4: Key word transformation	Part 2: An article: A great way to spend your free time Writing compound sentences	Part 2: A talk by a vlogger
<i>Vocabulary and grammar review Units 1 and 2</i>			
3 Happy holidays?	Part 3: 'Danger ahead' Part 7: 'It was great, but ...'	Part 2: A report: A one-day excursion to a local place of interest Structuring a report	Part 3: Five people talking about a holiday they've been on
4 Food, glorious food	Part 6: 'What are you printing for dinner?' Part 1: 'A café with a difference'	Part 2: A review: A restaurant, café or snack bar Using descriptive adjectives	Part 4: An interview with someone who runs a catering business
<i>Vocabulary and grammar review Units 3 and 4</i>			
5 Study time	Part 7: 'At university abroad' Part 3: 'Mobile phones in the classroom'	Part 1: An essay: All young people should study a foreign language as part of their education. Do you agree? Writing opening paragraphs	Part 1: People talking about studying and education
6 Good job!	Part 5: 'Chasing a storm' Part 2: 'Volunteers wanted'	Part 2: A letter or email: Describing jobs students do in your country Commonly misspelt words	Part 3: Five people talking about their jobs in tourism
<i>Vocabulary and grammar review Units 5 and 6</i>			
7 High adventure	Part 6: 'Looking for something different? Try a Tough Mudder' Part 4: Key word transformation	Part 2: An article: A great way to keep fit Structuring an article	Part 2: A talk about scuba diving Part 4: A radio interview with someone who went wing walking
8 Dream of the stars	Part 7: 'What sort of films are you into?' Part 1: 'The rise of the bedroom producer'	Part 1: An essay: Being a famous film star has both advantages and disadvantages. Do you agree? Writing a balanced essay	Part 2: A talk by a celebrity chef
<i>Vocabulary and grammar review Units 7 and 8</i>			
9 The power of the mind	Part 5: 'The secret of happiness' Part 4: Key word transformation	Part 2: A report: The benefits of improving classrooms and students' social activities Making recommendations and suggestions	Part 1: People talking about different aspects of psychology
10 Spend, spend, spend	Part 2: 'A new way to shop' Part 5: 'A journey of self-discovery'	Part 2: A review: A place where people have a good time Building complex sentences	Part 4: An interview with someone who runs their own fashion magazine
<i>Vocabulary and grammar review Units 9 and 10</i>			
11 Medical matters	Part 6: '#VerifyHealthcare' Part 3: 'How would you react?'	Part 1: An essay: Modern lifestyles can seriously endanger our health. Do you agree? Writing concluding paragraphs	Part 3: Five people talking about their job as a doctor
12 Animal kingdom	Part 1: 'Aoshima: Japan's cat island' Part 7: 'Surviving an animal attack'	Part 2: A letter or email: Advice to a visitor to your country Giving advice	Part 1: People talking about animals in different situations
<i>Vocabulary and grammar review Units 11 and 12</i>			
13 House space	Part 5: 'My new home in Venice, 1733' Part 2: 'Living in a tiny home'	Part 2: An article: My ideal home Planning a piece of writing	Part 2: A talk by someone who attended a conference about smart homes
14 Fiesta!	Part 6: 'Keeping festivals clean and green' Part 3: 'My neighbourhood street party'	Part 1: An essay: Is it better to listen to live or recorded music? Is it better to watch films at the cinema or at home? <i>it, this, that</i> and <i>they</i> for reference	Part 4: An interview with a comedian
<i>Vocabulary and grammar review Units 13 and 14</i>			

Speaking	Pronunciation	Vocabulary	Grammar
Part 1: Talking about yourself, your friends and your family Giving extended answers	Word stress: Stress in words with two or more syllables	Phrasal verbs to describe relationships Collocations with <i>make</i> and <i>do</i>	Present perfect simple and continuous
Part 2: Describing the benefits of different free-time activities Using discourse markers to structure answers	Sentence stress (1): Stress on words carrying the most meaning	Phrasal verbs and expressions to talk about skills and hobbies	Making comparisons Adjectives with <i>-ed</i> and <i>-ing</i>
Part 3: Discussing the benefits of different kinds of trips Phrases to involve partners in a discussion Strategies for dealing with the second section of Part 3	Intonation (1): Indicating that you have finished speaking, or have more to say	<i>travel, journey, trip</i> and <i>way</i> Forming adjectives and adverbs with suffixes	Past simple, past continuous and <i>used to</i> <i>at, in</i> and <i>on</i> in time phrases Past perfect simple and continuous
Part 4: Discussing diet, food and health Supporting opinions with reasons and examples	Grouping words and pausing (1)	<i>food, dish</i> and <i>meal</i> Adjectives to describe restaurants	<i>so</i> and <i>such</i> <i>too</i> and <i>enough</i>
Part 1: Talking about studying Giving reasons and offering several possible ideas	Syllable stress: Shifting word stress	Phrasal verbs connected with education and study <i>find out, get to know, know, learn, teach, study, attend, join, take part, assist</i>	Zero, first and second conditionals
Part 2: Describing different kinds of work Describing similarities and differences when comparing	Sentence stress (2): Contrastive sentence stress	<i>work or job; possibility, occasion or opportunity; fun or funny</i> Collocations with <i>job</i> and <i>work</i>	Countable and uncountable nouns Articles
Part 3: Discussing whether people should spend more of their free time playing sports Suggesting ideas, asking your partner's opinion, agreeing and disagreeing	Intonation (2): Showing interest and enthusiasm	Verb collocations with activities <i>look, see, watch, listen</i> and <i>hear</i>	Infinitive and verb + <i>-ing</i>
Part 4: Discussing different aspects of entertainment Giving balanced answers	Grouping words and pausing (2)	Describing entertainment <i>play, performance</i> and <i>acting; audience, (the) public</i> and <i>spectators; scene</i> and <i>stage</i>	<i>At, in</i> and <i>on</i> to express location Reported speech
Part 2: Describing different kinds of feelings and emotions Speculating about photos using modals and <i>look, seem</i> and <i>appear</i>	Sentence stress (3): Using stress for emphasis	<i>achieve, carry out</i> and <i>devote</i> <i>stay, spend</i> and <i>pass; move, cause</i> and <i>have</i>	Modal verbs to express certainty and possibility
Part 1: Talking about spending money Strategies for answering Part 1 questions	Linking (1): Linking to increase fluency	<i>arrive, get</i> and <i>reach</i> Phrasal verbs connected with shopping	<i>as</i> and <i>like</i> Modal verbs to express ability
Part 2: Describing situations related to health Expressions when you need time to think, can't think of a word or have made a mistake	Intonation (3): Showing certainty / uncertainty	Health vocabulary Idiomatic expressions	Relative pronouns and relative clauses
Parts 3 and 4: Discussing topics related to animals Commenting on the question Expressing other people's opinions Expressing agreement and disagreement	Word stress (3): Strong and weak forms	<i>avoid, prevent</i> and <i>protect; check, control, keep an eye on</i> and <i>supervise</i>	Third conditional and mixed conditionals <i>wish, if only</i> and <i>hope</i>
Part 2: Describing people in different locations Strategies for answering Part 2 questions	Linking (2): Linking with consonant sounds	Vocabulary to describe where you live <i>space, place, room, area, location</i> and <i>square</i>	Causative <i>have</i> and <i>get</i> Expressing obligation and permission
Parts 3 and 4: Discussing topics related to festivals and celebrations Strategies for working with a partner	Improving fluency	Vocabulary for festivals Suffixes to form nouns for people	The passive

Unit title	Reading and Use of English	Writing
1 Our people	Part 8: My early career Part 4: Key word transformation	Part 1: An essay on methods schools and universities use to help students find jobs
2 Mastering languages	Part 6: Endangered languages Part 3: The naming of products	Part 2: A report on English-language TV programmes
<i>Vocabulary and grammar reviews Units 1 and 2</i>		
3 All in the mind	Part 5: The next step in brain evolution Part 2: Nature vs nurture, Where do my talents come from?	Part 1: An essay on methods schools and universities should use to help students with stress
4 Just the job!	Part 8: Graduate jobs: advice from an expert Part 1: Friends benefit firms	Part 2: A report on a work experience programme
<i>Vocabulary and grammar reviews Units 3 and 4</i>		
5 Dramatic events	Part 7: A walk in the woods Part 4: Key word transformation	Part 2: A proposal on honouring a local hero
6 Picture yourself	Part 5: Teenage self-portraits Part 2: Art for offices; Graffiti: art or vandalism?	Part 2: A review of a book
<i>Vocabulary and grammar reviews Units 5 and 6</i>		
7 Leisure and entertainment	Part 7: Your guide to virtual worlds Part 1: The changing face of Bollywood	Part 2: An informal letter about free-time activities in your town
8 Media matters	Part 6: The ethics of reality TV Part 3: Broadcasters must find ways to regain public trust	Part 2: A proposal for a series of television documentaries
<i>Vocabulary and grammar reviews Units 7 and 8</i>		
9 At top speed	Part 7: Bugatti Veyron Part 4: Key word transformation	Part 1: An essay on technological progress
10 A lifelong process	Part 8: Choosing a university Part 1: Why do we need lifelong learning?	Part 2: A report on ways of attracting students to a language school
<i>Vocabulary and grammar reviews Units 9 and 10</i>		
11 Being somewhere else	Part 5: Disappearing into Africa Part 2: Island wanted; Paradise found	Part 2: A review of two hotels
12 The living world	Part 7: Alex the African Grey Part 3: Species loss accelerating	Part 2: A proposal on ways of conserving resources and reducing waste
<i>Vocabulary and grammar reviews Units 11 and 12</i>		
13 Health and lifestyle	Part 8: Unusual national sports Part 3: Why I run	Part 2: A letter of complaint about a sports club
14 Moving abroad	Part 6: Cities and immigration Part 4: Key word transformation	Part 1: An essay on helping immigrants to integrate
<i>Vocabulary and grammar reviews Units 13 and 14</i>		

Listening	Speaking	Vocabulary	Grammar
Part 4: Unusual occupations	Part 1	Collocations with <i>give</i> and <i>make</i>	Verb forms to talk about the past
Part 1: Language learning, Spelling reform, Job interviews	Part 2	Collocations with <i>make</i> , <i>get</i> and <i>do</i>	Expressing purpose, reason and result
Part 2: 'Face-blindness' – a psychological condition	Part 3	Nouns which can be countable or uncountable Formal or informal?	<i>no</i> , <i>none</i> , <i>not</i> The passive
Part 2: The co-operative movement	Part 4	Dependent prepositions Adjective–noun collocations (1)	Expressing possibility, probability and certainty
Part 1: Dramatic past experiences	Part 2	Idiomatic language	Verbs followed by <i>to</i> + infinitive or the <i>-ing</i> form
Part 3: An interview with a portrait artist and his sitter	Part 3	Adjective–noun collocations (2)	Avoiding repetition
Part 4: Talking about music	Part 4	Complex prepositions Money words	Linking ideas: relative and participle clauses; apposition
Part 3: An interview about news reporting	Part 3	'Talking' verbs	Reported speech Transitive verbs
Part 1: Rail travel, Olympic records, Space travel	Part 2	<i>action</i> , <i>activity</i> , <i>event</i> and <i>programme</i>	Time clauses Prepositions in time expressions
Part 2: Studying Arabic in Abu Dhabi	Part 4	<i>chance</i> , <i>occasion</i> , <i>opportunity</i> and <i>possibility</i>	Expressing ability, possibility and obligation
Part 1: Travelling on a river, A sponsored walk, A conversation between two travellers	Part 1	Phrasal verbs <i>at</i> , <i>in</i> and <i>on</i> to express location	Conditionals
Part 2: Climate change and the Inuit	Part 3	Prepositions following verbs Word formation	Nouns and articles
Part 3: Allergies	Part 2	Prepositions following adjectives	Ways of contrasting ideas The language of comparison
Part 4: Migration	Part 4	<i>learn</i> , <i>find out</i> and <i>know</i> ; <i>provide</i> , <i>offer</i> and <i>give</i>	Comment adverbials and intensifying adverbs Cleft sentences for emphasis